

FORGIVENESS

Deciding that someone who has wronged you doesn't have to pay

BOTTOM LINE: When you don't forgive, you miss out.

Read Mark II:25

DAY

1

What Could Be?

Look at your forgiveness journal you made last week and think about the people you have forgiven. Then, think about any fun things you have done with them. Ask yourself what is one really fun thing that you would have missed if you had not forgiven and then draw a picture of it.

DAY

2

Never Out

Play the game, "Simon Says." Each time you, or someone else playing the game, does something wrong, show forgiveness and allow everyone to keep playing. Look at how forgiveness leaves no one out, but instead keeps people together.

DAY

3

Prayer

"God, help me to be a forgiving person to those you put in my life. When I am wronged or disappointed in someone, help me forgive them anyway. Thank you for forgiving me of all the wrongs I have done. Amen."

DAY

4

Stand and Say

Every day say the Bible verse while standing in a different way. One day, stand on one leg, the next day stand on the other. Another day stretch up high then the next day, reach down low. Think of your own way to stand. Know that you can learn to forgive no matter where you stand!

